



NURSING UNIT PROFILES

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| <u>Cape Breton Regional Hospital</u> | 2 - 4 |
| <u>Northside General Hospital</u> | 5 |
| <u>All Zones</u> | 6 |



UNIT PROFILE

MENTAL HEALTH AND ADDICTIONS

Service

Inpatient Mental Health & Addictions

Site

Cape Breton Regional Hospital

UNIT DESCRIPTION

A multidisciplinary team works together to provide quality care to persons living with a mental health and/or substance use disorder on one of four inpatient units.

The Withdrawal Management Services and supports for people aged 19 years or older with moderate to severe substance use and/or gambling disorders, and those with concurrent disorders. These services are intended to be easily accessed by people seeking support. Key components for these services will be supported through Recovery Support Centre Unit 1A. This offer a variety of programming and services including:

- In-person assessment for substance use and/ or gambling disorders, including medication-assisted withdrawal management
- Care-planning based on individual needs, strengths, and interests
- Flexible psychoeducational group and individual programming to help people meet the recovery goals that are important to them
- Outpatient Withdrawal Management
- Transition support to other needed services*

NURSING MODEL OF CARE

Interdisciplinary team-based model.

UNIT ORIENTATION

Orientation varies based on the individual's previous experience and professional background.

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

Registered Nurses (RN), Registered Psychiatric Nurses (RPN), and Licensed Practical Nurses (LPN).

PATIENT POPULATION

Adult acute inpatient psychiatric care

NUMBER OF BEDS

Unit 1A – Inpatient Withdrawal Management -8 beds

Mental Health Units:

- Unit B: 22 beds
- Unit C: 8 beds
- Unit D: 16 beds

INTERDISCIPLINARY TEAM

Occupational Therapy (OT), Recreational Therapy (RT), and Bachelor of Social Work (BSW).

PHYSICIAN COVERAGE

Psychiatry, Family Physicians, and Associate Physicians

MEDICATION SYSTEM

Pyxis automated medication dispensing system

STAFFING LEVELS

Staffing levels vary based on unit needs and patient acuity.

SCHEDULING

24 hours a day, 7 days a week.

UNIT PROFILE

CAPE BRETON CANCER CENTRE

Service Cancer Care Program

Site Cape Breton Regional Hospital

UNIT DESCRIPTION

2 X TrueBeam Linear Accelerators

1 X GE CT Simulator

NUMBER OF BEDS

NA

PATIENT POPULATION

NA

UNIT RESPONSIBILITIES

After hours on call Saturday, Sunday & Holidays
8:00-16:00

INTERDISCIPLINARY TEAM

Radiation Therapist, Radiation Oncologist,
Radiation Oncology RN, Medical Physicist,
Dosimetrist, Social Workers, Dieticians, Electronics
Engineers

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

8-4 Monday to Friday 7.5 Hr shifts

UNIT PROFILE

UNIT 4 WEST/5 EAST

Service Inpatient Medical

Site Northside General Hospital

UNIT DESCRIPTION

4W/5E acute inpatient medical unit

NUMBER OF BEDS

15 Beds each unit

UNIT RESPONSIBILITIES

Providing Extraordinary Care and Support to both Patients and Families. North Sydney is a small community, community members are tight knit and support one another. The nursing team on 4 West are team orientated, they look after and support one another much like a family. The staff on 4 West are experienced and dedicated to making the unit a great place to work, always looking for ways to make the unit operate more efficiently. They are great mentors for new staff.

PATIENT POPULATION

Medical, patients waiting for long term care placement.

UNIT ORIENTATION

6-8 weeks

INTERDISCIPLINARY TEAM

nursing, PT, OT, SW, CC, pharmacy, pastoral care

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

RN/LPN licensure

NURSING MODEL OF CARE

Team based

PHYSICIAN COVERAGE

7 days/week, 24hrs/day

STAFFING LEVELS

Day shift, 2 RN's, 2 LPN's, 1 CTA, 1 HSA. Night shift, 2 RN's, 1 LPN

MEDICATION SYSTEM

Manual

SCHEDULING

11.25 hour shifts, combination of Days and Nights including weekends and holidays

UNIT PROFILE

CONTINUING CARE – INTAKE & NOAT

Service

Continuing Care

Site

All zones

UNIT DESCRIPTION

Responds to calls from CC 1-800# requesting service. Receives referrals and orders for all CC services – may need to contact referents for further information if required. Does Intake for Adult Protection. Office position – all communications with clients is over the phone. Determines eligibility for CC services. Screen and assesses clients over the phone, completes service plans as required.

Office located on Joseph Howe Drive – free parking
Possibility of a hybrid work from home arrangement

CCRA pay scale is not the same as LPN pay scale - \$3 per hour less

NUMBER OF BEDS

NA

PATIENT POPULATION

All ages

INTERDISCIPLINARY TEAM

All LPNs and admin

NURSING MODEL OF CARE

NA

MEDICATION SYSTEM

NA

STAFFING LEVELS

NA

UNIT ORIENTATION

NA

SCHEDULING

7 day per week service – 8:30 am to 4:30 pm business hours

Weekends are on a rotation – 1:5 weekends

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

PHYSICIAN COVERAGE

NA