



NURSING UNIT PROFILES

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UNIT PROFILE

FAMILY FIRST

Service Family First

Site Colchester and East Hants

UNIT DESCRIPTION

Mainly community work, some local office responsibilities.

NUMBER OF BEDS

NA

PATIENT POPULATION

12 and under.

UNIT RESPONSIBILITIES

Families living in Colchester/East Hants counties who have a child 12 years old and under and has a diagnosed or suspected diagnoses along with an identified need for in-home support which cannot be appropriately addressed in clinic.

INTERDISCIPLINARY TEAM

NA

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

Masters of Social Work, MSW required.

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Mainly 8:30am-4:30pm, some evening work.

UNIT PROFILE

NEUROMODULATION

Service Mental Health and Addictions

Site Colchester East Hants Health Center

UNIT DESCRIPTION

Neurostimulation currently consists of Electroconvulsive Therapy (ECT) and Transcranial Magnetic Stimulation (TMS). These treatments are used in mainly to treat medication resistant major depressive disorder

NUMBER OF BEDS

This is a outpatient service

PATIENT POPULATION

Mental Health clients

UNIT RESPONSIBILITIES

Providing the treatments, maintaining the charts and treatment schedules, providing assessments, recovering patients post treatment.

INTERDISCIPLINARY TEAM

Psychiatrist, RNs, LPNs (LPNS for TMS only)

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

8 to 12 hours shifts. Currently Monday to Friday.

UNIT PROFILE

MENTAL HEALTH AND ADDICTIONS

Service Mental Health and Addictions
Community Outpatient Service

Site 30 Prince St, Amherst NS-Adult Service
33 Havelock St, Amherst-
Child/Adolescent Service

UNIT DESCRIPTION

We are based in downtown Amherst within the community. We provide service to Cumberland County.

NUMBER OF BEDS

NA

PATIENT POPULATION

The County has approximately 30 000 citizens with approximately 10 000 centralized in the Amherst Area.

UNIT RESPONSIBILITIES

We also offer urgent consultation to the Cumberland Regional Hospital

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, Nursing, OT, Masters in Counseling therapists, Community Outreach Worker, Speech Therapy and ASD support workers

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday -Friday 8:30-4:30
Some evening work as necessary.

UNIT PROFILE

ADOLESCENT OUTREACH SERVICES

Service Adolescent Outreach Services

Site Colchester and East Hants, Pictou, Amherst

UNIT DESCRIPTION

Mainly school and community based, with some onsite work in local offices.

NUMBER OF BEDS

NA

UNIT RESPONSIBILITIES

AOS operates within the tier 2 framework, and the primary mandate is to provide individual and group-based support for adolescents between the ages of 12-18 who are at risk of developing or are currently experiencing mild to moderate problems with mental health and/or substance use. This includes adolescents who are affected by someone else's mental health and/or substance use.

PATIENT POPULATION

Adolescents (12-18)

UNIT ORIENTATION

NA

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, Nursing, OT, Masters in Counseling therapists, Community Outreach Worker, Speech Therapy and ASD support workers

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

Bachelor of Social Work (BSW) required.

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Mainly 8:30am-4:30pm, with occasional evening work.

UNIT PROFILE

OPIOID RECOVERY PROGRAM

Service MHA Opioid Recovery Program

Site Northern Zone – Truro & Satellite Clinic in New Glasgow

UNIT DESCRIPTION

We are a clinic located downtown Truro, with a small satellite clinic in New Glasgow. We offer opioid maintenance therapy (methadone and buprenorphine/naloxone) to individuals with opioid use disorder. From a harm reduction perspective, the program supports clients on their personal recovery journey and enhances overall wellbeing. It includes assessment, treatment planning, relapse prevention and supportive counselling all provided by our team of health care professionals.

NUMBER OF BEDS

We operate a busy outpatient clinic, offering appointments to individuals requiring opioid recovery supports.

PATIENT POPULATION

Individuals with opioid use disorder

UNIT RESPONSIBILITIES

Committee work as needed

INTERDISCIPLINARY TEAM

Registered Nurses, Physicians, Nurse Practitioners, Licensed Practical Nurse, Social Worker, Secretary, Team Lead

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday to Friday 8:30-16:30. Once monthly a late clinic is offered by the nurses.

UNIT PROFILE

MENTAL HEALTH AND ADDICTIONS CLINIC

Service Mental Health and Addictions Child and Adolescent Services

Site 690 East River Road, New Glasgow, NS B2H 3S1

UNIT DESCRIPTION

We are based within the community of New Glasgow and service Pictou county.

NUMBER OF BEDS

This is a outpatient service

PATIENT POPULATION

Pictou County has an approximate population of 43,000.

UNIT RESPONSIBILITIES

NA

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, OT, Masters in Counseling therapists, Community Outreach Worker, Clerical

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday -Friday 8:30-4:30
Some evening hours

MENTAL HEALTH AND ADDICTIONS

Service Mental Health and Addictions
Community Adult Outpatient Service

Site 690 East River Rd, New Glasgow, NS
B2H 351

UNIT DESCRIPTION

We are based in New Glasgow but provide services to Pictou County.

NUMBER OF BEDS

NA

PATIENT POPULATION

The County has approximately 44 000 citizens with approximately 10 000 in New Glasgow and the remainder spread throughout several municipalities.

UNIT RESPONSIBILITIES

We also offer urgent consultation to the Aberdeen Regional Hospital

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, Nursing, OT, Masters in Counseling therapists, Community Outreach Worker, Speech Therapy and ASD support workers

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday -Friday 8:30-4:30
Some evening work as necessary.

UNIT PROFILE

WITHDRAWAL MANAGEMENT

Service Withdrawal Management and Recovery Supports

Site Aberdeen Hospital

UNIT DESCRIPTION

In person assessment for substance use and/or gambling disorders.
 Outpatient Withdrawal Management.
 Flexible psychoeducational and skill development group and/or individual programming to help people meet recovery goals that are important to them.
 Care-planning based on individual needs, strengths, interests and recovery goals.
 Transition support to other services as required.

NUMBER OF BEDS

7 Beds

PATIENT POPULATION

The Withdrawal Management Unit offers supports for people aged 19 years or older with moderate to severe substance use/gambling disorders, based on current Diagnostic and Statistical Manual of Mental Disorders diagnostic criteria.

UNIT RESPONSIBILITIES

Transition support to other services

INTERDISCIPLINARY TEAM

RN's, Social Worker, NP, Pharmacy, Physician

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

SW/RN/LPN

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

We currently have 0.6 Physician hours

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

12hr days/7 days a week

UNIT PROFILE

WITHDRAWAL MANAGEMENT UNIT

Service Inpatient Withdrawal Management Services

Site All Saints Hospital, 3rd Floor, West Wing – Springhill Nova Scotia

UNIT RESPONSIBILITIES

Flexible psychoeducational group and individual programming to help people meet the recovery goals that are important to them, Transition support to other needed services.

NUMBER OF BEDS

7 Beds

STAFFING LEVELS

At minimum, 2 registered staff on each dayshift and nightshift and a counsellor attendant each day as well

UNIT DESCRIPTION

Inpatient withdrawal management service provides medication-assisted withdrawal management and recovery supports to individuals requiring inpatient treatment to manage withdrawal from alcohol and/or other substances

UNIT ORIENTATION

NA

PATIENT POPULATION

Adults 19 years of age + who require inpatient support with withdrawing from alcohol and/or other substances

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

INTERDISCIPLINARY TEAM

Physician, Nurse Practitioner, Registered Nurses, Social Worker, Counsellor Attendants, Licensed Practical Nurses, Administrative staff

PHYSICIAN COVERAGE

Provider (NP or Physician) Monday to Thursday in person then rotate every second weekend on call

NURSING MODEL OF CARE

NA

MEDICATION SYSTEM

Pyxis-Automatic dispensing cabinet

SCHEDULING

24 hours 7 days per week
12 hour and 8 hour shifts

UNIT PROFILE

CONTINUING CARE – INTAKE & NOAT

Service

Continuing Care

Site

All zones

UNIT DESCRIPTION

Responds to calls from CC 1-800# requesting service. Receives referrals and orders for all CC services – may need to contact referents for further information if required. Does Intake for Adult Protection. Office position – all communications with clients is over the phone. Determines eligibility for CC services. Screen and assesses clients over the phone, completes service plans as required.

Office located on Joseph Howe Drive – free parking
Possibility of a hybrid work from home arrangement

CCRA pay scale is not the same as LPN pay scale - \$3 per hour less

NUMBER OF BEDS

NA

PATIENT POPULATION

All ages

INTERDISCIPLINARY TEAM

All LPNs and admin

NURSING MODEL OF CARE

NA

MEDICATION SYSTEM

NA

STAFFING LEVELS

NA

UNIT ORIENTATION

NA

SCHEDULING

7 day per week service – 8:30 am to 4:30 pm business hours

Weekends are on a rotation – 1:5 weekends

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

PHYSICIAN COVERAGE

NA