



NURSING UNIT PROFILES

<u>Cape Breton Regional Hospital</u>	2 - 9
<u>Harbourview Hospital</u>	10
<u>Northside General Hospital</u>	12
<u>Sydney Geriatric Clinic</u>	13
<u>All Zones</u>	14



MENTAL HEALTH AND ADDICTIONS

Service

Inpatient Mental Health & Addictions

Site

Cape Breton Regional Hospital

UNIT DESCRIPTION

A multidisciplinary team works together to provide quality care to persons living with a mental health and/or substance use disorder on one of four inpatient units.

1The Withdrawal Management Services and supports for people aged 19 years or older with moderate to severe substance use and/or gambling disorders, and those with concurrent disorders. These services are intended to be easily accessed by people seeking support. Key components for these services will be supported through Recovery Support Centre Unit 1A. This offer a variety of programming and services including:

- In-person assessment for substance use and/ or gambling disorders, including medication-assisted withdrawal management
- Care-planning based on individual needs, strengths, and interests
- Flexible psychoeducational group and individual programming to help people meet the recovery goals that are important to them
- Outpatient Withdrawal Management
- Transition support to other needed services*

NURSING MODEL OF CARE

Interdisciplinary team-based model.

UNIT ORIENTATION

Orientation varies based on the individual's previous experience and professional background.

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

Registered Nurses (RN), Registered Psychiatric Nurses (RPN), and Licensed Practical Nurses (LPN).

PATIENT POPULATION

Adult acute inpatient psychiatric care

NUMBER OF BEDS

Unit 1A – Inpatient Withdrawal Management -8 beds

Mental Health Units:

- Unit B: 22 beds
- Unit C: 8 beds
- Unit D: 16 beds

INTERDISCIPLINARY TEAM

Occupational Therapy (OT), Recreational Therapy (RT), and Bachelor of Social Work (BSW).

PHYSICIAN COVERAGE

Psychiatry, Family Physicians, and Associate Physicians

MEDICATION SYSTEM

Pyxis automated medication dispensing system

STAFFING LEVELS

Staffing levels vary based on unit needs and patient acuity.

SCHEDULING

24 hours a day, 7 days a week.

UNIT PROFILE

CAPE BRETON CANCER CENTRE

Service Cancer Care Program

Site Cape Breton Regional Hospital

UNIT DESCRIPTION

2 X TrueBeam Linear Accelerators

1 X GE CT Simulator

NUMBER OF BEDS

NA

PATIENT POPULATION

NA

UNIT RESPONSIBILITIES

After hours on call Saturday, Sunday & Holidays
8:00-16:00

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

PHYSICIAN COVERAGE

NA

MEDICATION SYSTEM

NA

INTERDISCIPLINARY TEAM

Radiation Therapist, Radiation Oncologist,
Radiation Oncology RN, Medical Physicist,
Dosimetrist, Social Workers, Dieticians, Electronics
Engineers

NURSING MODEL OF CARE

NA

STAFFING LEVELS

NA

SCHEDULING

8-4 Monday to Friday 7.5 Hr shifts

UNIT PROFILE

SYDNEY GERIATRIC CLINIC

Service

Rehab Services

Site

Cape Breton Regional Hospital

UNIT DESCRIPTION

Cape Breton Regional Hospital: Rehab Services: Inpatient/outpatient Physiotherapy Service, outpatient pediatric and school-based physiotherapy, physiotherapy pain clinic. Inpatient/outpatient Occupational Therapy, outpatient and school-based Occupational therapy, occupational therapy pain clinic, Inpatient recreation services and ambulatory clinic clerical, Hospice PT and OT, Cancer Care PT, OT and CEP (clinical exercise physiologist)

NUMBER OF BEDS

Varies amongst inpatients (consult) and or ambulatory clinics (referral)

PATIENT POPULATION

0 to end of life

INTERDISCIPLINARY TEAM

Physiotherapists, Physiotherapy assistants, Occupational Therapy, Occupational Therapy assistants, rehabilitation assistants, Recreation therapist, Recreation Therapy assistants, clerical: secretary I and secretary 2, Clinical Exercise Physiologist (new CA center)

UNIT ORIENTATION

Rehab Services Department

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

BScN

NURSING MODEL OF CARE

NA

MEDICATION SYSTEM

NA

SCHEDULING

Varies 7am—3pm, 730am-330 pm, 8 am-4 pm, 9am-5 pm, and 7am-7pm

STAFFING LEVELS

Varies

PHYSICIAN COVERAGE

NA

UNIT PROFILE

3A PERIOPERATIVE

Service

Inpatient Surgical Unit, Perioperative Services

Site

Cape Breton Regional Hospital

UNIT DESCRIPTION

C3A is an acute inpatient unit dedicated to providing exceptional care and support to patients and their families. While primarily a surgical unit, we also care for patients with complex medical needs. As a busy and fast-paced environment with frequent patient turnover, our interdisciplinary team collaborates to deliver high-quality, compassionate care while ensuring safe, efficient, and timely discharge planning and transitions.

UNIT ORIENTATION

Unit orientation is tailored to each individual's experience, skills, and professional background. Orientation length may range from one to six weeks, depending on the previous experience learning needs of the new team member. Ongoing discussions between the new hire, preceptor, clinical educator, and manager occur throughout the orientation period to assess progress and determine the appropriate duration and level of support required.

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

BScN

NUMBER OF BEDS

31

PATIENT POPULATION

Surgical patient receiving care before and after surgical procedures and non-surgical patients with complex medical needs.

INTERDISCIPLINARY TEAM

3A utilizes a collaborative multidisciplinary team-based care model. Team members include physicians, Registered Nurses, Licensed Practical Nurses, Care Team Assistants, Health Support Aides, physiotherapists, occupational therapists, social workers, care coordinators, pharmacists, dietitians, pastoral care providers, and other specialized healthcare professionals who work together to provide coordinated, patient-centred care and support safe discharge planning.

NURSING MODEL OF CARE

3A embraces a collaborative team-based nursing care model, where staff work together, share responsibilities, and support one another to provide safe, efficient, and compassionate care.

PHYSICIAN COVERAGE

Physician coverage is available on-site and/or on-call 24 hours a day, 7 days a week, ensuring timely assessment and management of patient care needs.

MEDICATION SYSTEM

Pyxis

STAFFING LEVELS

The day shift staffing complement consists of 5 Registered Nurses, 4 Licensed Practical Nurses, 2 Care Team Assistants, 1 Ward Aide, and 4 Health Support Aides. The night shift staffing complement consists of 4 Registered Nurses, 3 Licensed Practical Nurses, 1 Care Team Assistant, and 2 Health Support Aides.

SCHEDULING

The unit utilizes a variety of shift lengths to meet patient care needs. While some team members may work 8-hour shifts, most patient care staff work 12-hour day shifts, 12-hour night shifts, or evening shifts (3:00 p.m. to 11:00 p.m.). Scheduling patterns vary by role and operational requirements, and staff are provided with schedules in accordance with organizational policies and unit needs.

3B INPATIENT ORTHOPEDIC SURGERY

Service

Orthopedic Inpatient

Site

Cape Breton Regional Hospital

UNIT DESCRIPTION

The Orthopedic Inpatient Unit is a specialized surgical care unit providing comprehensive care to patients undergoing orthopedic procedures and those requiring treatment for musculoskeletal injuries and conditions. The unit focuses on post-operative recovery, rehabilitation, pain management, mobility restoration, and discharge planning to support patients in achieving optimal functional outcomes.

UNIT ORIENTATION

A comprehensive orientation program is provided to all new staff and includes:

- Unit-specific orientation and clinical competencies
- Orthopedic surgery and fracture management education
- Medication administration and pain management
- Fall prevention and patient safety initiatives
- Electronic documentation training

Interdisciplinary team collaboration and discharge planning processes

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

- Current registration with the Nova Scotia College of Nursing
 - Current BLS certification
 - Demonstrated knowledge of surgical and orthopedic nursing practices
- Commitment to continuing professional development

NUMBER OF BEDS

23

PATIENT POPULATION

The unit cares for adult patients requiring:

- Total hip replacement surgery
- Total knee replacement surgery
- Fracture management
- Trauma-related orthopedic care
- Revision orthopedic procedures
- Musculoskeletal condition management
- Post-operative rehabilitation and recovery

INTERDISCIPLINARY TEAM

The orthopedic inpatient team collaborates closely with:

- Orthopedic Surgeons
- Registered Nurses and Licensed Practical Nurses
- Health Support Aides
- Physiotherapists
- Occupational Therapists
- Pharmacists
- Social Workers
- Dietitians

NURSING MODEL OF CARE

The unit utilizes a patient-centered, collaborative model of care that promotes evidence-based practice, interdisciplinary teamwork, patient education, and safe transitions of care.

PHYSICIAN COVERAGE

Orthopedic surgeons provide primary medical management, with after-hours coverage supported through established on-call arrangements and collaboration with hospital-based physicians as required.

MEDICATION SYSTEM

Pyxis

STAFFING LEVELS

The unit is staffed by:

- Nurse Practitioner (NP)
 - Registered Nurses (RNs)
 - Licensed Practical Nurses (LPNs)
 - Health Support Aides (HSAs)
 - Continuing Care Assistants (CCAs), where applicable
 - Unit Clerical Support
- Leadership and clinical resource support

SCHEDULING

The unit operates 24 hours per day, 7 days per week, utilizing rotational scheduling patterns in accordance with collective agreements and operational requirements.

CONTINUING CARE – INTAKE & NOAT

Service

Long Term Care

Site

Harbourview Hospital

UNIT DESCRIPTION

Harbour View Hospital is a Nova Scotia Health facility located in Sydney Mines, Nova Scotia. The facility includes a 28-bed long-term care unit that provides residential nursing care and support services to individuals who require ongoing 24-hour care and supervision.

The long-term care unit is committed to providing safe, compassionate, and person-centered care that promotes residents' dignity, independence, quality of life, and overall well-being. Care is delivered by an interdisciplinary team that includes nursing staff, physicians, rehabilitation services, recreation staff, dietary services, environmental services, and other healthcare professionals who work collaboratively to meet the individual needs of each resident.

Harbour View Hospital strives to provide a supportive home-like environment while ensuring compliance with provincial standards, policies, and regulatory requirements governing long-term care in Nova Scotia.

UNIT ORIENTATION

Although standardized orientation packages have been developed for each discipline, orientation to the unit is individualized based on the employee's previous experience, knowledge, competencies, and professional background. This approach ensures that all required orientation components are completed while allowing for additional education, mentorship, and support in areas where further development is needed. The orientation process is designed to promote staff competence, confidence, and the safe delivery of resident-centered care within the long-term care environment.

NUMBER OF BEDS

28

PATIENT POPULATION

This unit serves adults who require ongoing 24-hour nursing care, supervision, and support with activities of daily living. Residents are typically older adults with complex health needs, chronic medical conditions, physical disabilities, cognitive impairments, or varying stages of dementia that can no longer be safely managed in a community or home setting.

INTERDISCIPLINARY
TEAM

Our nursing team consists of Registered Nurses (RNs), Licensed Practical Nurses (LPNs), Continuing Care Assistants (CCAs), and Health Support Aides (HSAs), who work collaboratively to provide high-quality, resident-centered care.

In addition to nursing staff, residents are supported by an interdisciplinary healthcare team that includes Social Work, Dietary and Food Services, Environmental Services, Seniors' Mental Health Services, Physicians, Nurse Practitioners, Recreation Therapists, Recreation

NURSING MODEL OF CARE

The model emphasizes:

- Resident-centered and relationship-based care
- Interdisciplinary collaboration
- Maintaining resident independence and functional ability
- Evidence-informed practice
- Quality improvement and resident safety
- Family involvement in care planning and decision-making
- Respect for resident choice, dignity, and autonomy
- Holistic care that addresses physical, emotional, social, cultural, and spiritual needs

PHYSICIAN COVERAGE

Medical care on the Harbour View Hospital Long-Term Care Unit is provided through a collaborative model involving the resident's Most Responsible Provider (MRP) and a Nurse Practitioner (NP).

MEDICATION SYSTEM

Medications for residents of the Harbour View Hospital Long-Term Care Unit are provided through a contractual service agreement with Lawtons Community Pharmacy. Medications are supplied in PacMed (blister pack) packaging, which supports safe and accurate medication administration by nursing staff.

STAFFING LEVELS

One 12 Hour RN Days
Two 12 Hour LPN's Days
Two 12 Hour CCA's Days
One 8 Hour CCA Days
One 12 Hour RN Nights
One 12 Hour LPN Nights
One 12 Hour CCA Nights

SCHEDULING

24/7

UNIT PROFILE

UNIT 4 WEST/5 EAST

Service Inpatient Medical

Site Northside General Hospital

UNIT DESCRIPTION

4W/5E acute inpatient medical unit

NUMBER OF BEDS

15 Beds each unit

UNIT RESPONSIBILITIES

Providing Extraordinary Care and Support to both Patients and Families. North Sydney is a small community, community members are tight knit and support one another. The nursing team on 4 West are team orientated, they look after and support one another much like a family. The staff on 4 West are experienced and dedicated to making the unit a great place to work, always looking for ways to make the unit operate more efficiently. They are great mentors for new staff.

PATIENT POPULATION

Medical, patients waiting for long term care placement.

UNIT ORIENTATION

6-8 weeks

INTERDISCIPLINARY TEAM

nursing, PT, OT, SW, CC, pharmacy, pastoral care

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

RN/LPN licensure

NURSING MODEL OF CARE

Team based

PHYSICIAN COVERAGE

7 days/week, 24hrs/day

STAFFING LEVELS

Day shift, 2 RN's, 2 LPN's, 1 CTA, 1 HSA. Night shift, 2 RN's, 1 LPN

MEDICATION SYSTEM

Manual

SCHEDULING

11.25 hour shifts, combination of Days and Nights including weekends and holidays

UNIT PROFILE

SYDNEY GERIATRIC CLINIC

Service

Geriatric Clinic

Site

Sydney Geriatric Clinic

UNIT DESCRIPTION

Ambulatory clinic provides care for older adults living with frailty and other health problems such as change memory or function.

NUMBER OF BEDS

NA

PATIENT POPULATION

Older Adults

INTERDISCIPLINARY TEAM

RNs
Pharmacist

NURSING MODEL OF CARE

NA

UNIT ORIENTATION

NSH Orientation
Dignity of Risk
Geriatric Clinic Orientation
Team shadowing

MEDICATION SYSTEM

NA

STAFFING LEVELS

Typically four RNs per shift, Monday to Friday
daytime hours

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

BScN

SCHEDULING

N/A

PHYSICIAN COVERAGE

NA

UNIT PROFILE

CONTINUING CARE – INTAKE & NOAT

Service

Continuing Care

Site

All zones

UNIT DESCRIPTION

Responds to calls from CC 1-800# requesting service. Receives referrals and orders for all CC services – may need to contact referents for further information if required. Does Intake for Adult Protection. Office position – all communications with clients is over the phone. Determines eligibility for CC services. Screen and assesses clients over the phone, completes service plans as required.

Office located on Joseph Howe Drive – free parking
Possibility of a hybrid work from home arrangement

CCRA pay scale is not the same as LPN pay scale - \$3 per hour less

NUMBER OF BEDS

NA

PATIENT POPULATION

All ages

INTERDISCIPLINARY TEAM

All LPNs and admin

NURSING MODEL OF CARE

NA

MEDICATION SYSTEM

NA

STAFFING LEVELS

NA

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

SCHEDULING

7 day per week service – 8:30 am to 4:30 pm business hours

Weekends are on a rotation – 1:5 weekends

PHYSICIAN COVERAGE

NA