



NURSING UNIT PROFILES

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UNIT PROFILE

FAMILY FIRST

Service Family First

Site Colchester and East Hants

UNIT DESCRIPTION

Mainly community work, some local office responsibilities.

NUMBER OF BEDS

NA

PATIENT POPULATION

12 and under.

UNIT RESPONSIBILITIES

Families living in Colchester/East Hants counties who have a child 12 years old and under and has a diagnosed or suspected diagnoses along with an identified need for in-home support which cannot be appropriately addressed in clinic.

INTERDISCIPLINARY TEAM

NA

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

Masters of Social Work, MSW required.

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Mainly 8:30am-4:30pm, some evening work.

UNIT PROFILE

NEUROMODULATION

Service Mental Health and Addictions

Site Colchester East Hants Health Center

UNIT DESCRIPTION

Neuromodulation currently consists of Electroconvulsive Therapy (ECT) and Transcranial Magnetic Stimulation (TMS). These treatments are used in mainly to treat medication resistant major depressive disorder

NUMBER OF BEDS

This is a outpatient service

PATIENT POPULATION

Mental Health clients

UNIT RESPONSIBILITIES

Providing the treatments, maintaining the charts and treatment schedules, providing assessments, recovering patients post treatment.

INTERDISCIPLINARY TEAM

Psychiatrist, RNs, LPNs (LPNS for TMS only)

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

8 to 12 hours shifts. Currently Monday to Friday.

UNIT PROFILE

E2 MED SURG

Service

Surgical
Medical

Site

Colchester East Hants Health Centre

UNIT DESCRIPTION

Active acute surgical and medical unit. Vast variety of skills present on the unit.

NUMBER OF BEDS

27-30

PATIENT POPULATION

Adult

UNIT ORIENTATION

Average 8-10 weeks, molded to the person with their specific backgrounds.

INTERDISCIPLINARY TEAM

Team Lead, clinical mentor, resource nurse, discharge support nurse, clinical Nurse Educator, PT, OT, RDT, pharmacy, NSWOC

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

BScN

PHYSICIAN COVERAGE

Hospitalist & Surgeon rotation

NURSING MODEL OF CARE

Team Nursing

MEDICATION SYSTEM

Pyxis

STAFFING LEVELS

Patient ratio 1:4

SCHEDULING

4 on 5 off

COLCHESTER EAST HANTS HEALTH CENTRE EMERGENCY DEPT

Service

Emergency Department

Site

Colchester East Hants Health Centre

UNIT DESCRIPTION

High acuity regional emergency department serving Northern Nova Scotia. Provides 24/7 emergent care for a large catchment area. Also offers referrals for our region. Mix of complex emergency medicine with reality of rural healthcare, frequent surges and limited bed capacity

NUMBER OF BEDS

ED has 25 monitored beds, 2 unmonitored, 2 trauma rooms, 1 safe room and two waiting areas.

PATIENT POPULATION

Diverse: Pediatric, Geriatric and Adult in a multicultural/Indigenous area

INTERDISCIPLINARY
TEAM

CCP/ACP/PCP/Medics/RN2-3-4/NP/LPN/CTA/Unit Aides/HSA/Administrative Assistants/Physicians

NURSING MODEL OF CARE

Individual pod nursing with collaborate practice for LPN's. 5:1 model with critical care patients being 1:1

UNIT ORIENTATION

Depends on the qualifications of the individual being hired. We onboard grad students and up. Grad students will receive addition education if required and are mentored for 10-12 sets.

MEDICATION SYSTEM

Pyxis

STAFFING LEVELS

11 Core staff (minimum 5 nurses plus charge nurse), LPN's, Team Lead, CRN's, Administrative Assistants.

LICENSE/CERTIFICATION AND
EDUCATION REQUIRED

NCLEX required and will be ENP trained if needed. RN/LPN/EPICC/CTAS/NVCI

SCHEDULING

4 days on/4 days off (2 days and 2 nights). 1 come back shift every 16 weeks. Scheduled in lines. Some positions have self-scheduling (CRN)

PHYSICIAN COVERAGE

24 hour coverage. 1 MD from 0000-0700 and 2 MD for all other hours (at least; more if required)

UNIT PROFILE

COLCHESTER WOMEN & CHILDREN'S

Service

Women & Children's Health Unit

Site

Colchester East Hants Health Centre

UNIT DESCRIPTION

We are a 13 bed Women and Children's unit supporting birthing families, newborns and surgical patients. Families who come to hospital in labor are cared for in private LDRP rooms. We are the only unit to have this design. We support many outpatient clinics

NUMBER OF BEDS

6 LDRP's
7 swing beds to total 13 beds

PATIENT POPULATION

Birthing families and newborns
Children
Surgical and medical patients

UNIT ORIENTATION

For experienced staff: 24-60 shifts on unit with preceptor

1 year New Grad Residency program (Perinatal)

INTERDISCIPLINARY TEAM

RT 24/7
Social Workers

NURSING MODEL OF CARE

1:1 Labor Support
1:1 special Care Nursery support
1: 2-3 Mother and baby dyads
1:3 medical/ surgical patients

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NRP certification
'Fetal Health Surveillance
Step 2 Breastfeeding course or equivalent

MEDICATION SYSTEM

NA

SCHEDULING

Rotation: 2 days/ 2 nights and off 4-5 shifts between sets

STAFFING LEVELS

1 Clinical Practice Leader (Monday-Friday)
1 Clinical resource Nurse (7 days/ week)
5 RNS per shift
1 LPN per shift

PHYSICIAN COVERAGE

Medical support is provided by an OB on call 24/ 7
Pediatrician on call 24/ 7
Hospitalist physicians/ family medicine

UNIT PROFILE

CUMBERLAND REGIONAL HEALTH CARE CENTRE MED/SURG

Service

Medical/Surgical Inpatient

Site

Cumberland Regional Health Care Centre

UNIT DESCRIPTION

Acute Inpatient Unit that has 39 traditional bed spaces with capacity to have 47 patients in overcrowding.

NUMBER OF BEDS

39 Traditional
8 non-traditional

PATIENT POPULATION

Acute/Chronic Medical ALC
Surgical Mental Health/Addictions
Palliative

INTERDISCIPLINARY TEAM

HSM
2 CPLs

NURSING MODEL OF CARE

Team Nursing

UNIT ORIENTATION

8 days of Northern Zone Orientation as per IPPL
24 shifts with preceptor on unit

MEDICATION SYSTEM

Pyxis

STAFFING LEVELS

4 RNs Days and 4 RNs Nights
7 LPNs Days and 6 LPNs Nights
4 CTAs Days and 4 CTAs Nights
2 Ward Clerks days and 1 evening

SCHEDULING

Rotational schedule-12-hour shifts, days, nights, weekends

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NSCN License for RN and LPN
CCA Certificate
BCLS

PHYSICIAN COVERAGE

Hospitalist groups

UNIT PROFILE

MENTAL HEALTH AND ADDICTIONS

Service Mental Health and Addictions
Community Outpatient Service

Site 30 Prince St, Amherst NS-Adult Service
33 Havelock St, Amherst-
Child/Adolescent Service

UNIT DESCRIPTION

We are based in downtown Amherst within the community. We provide service to Cumberland County.

NUMBER OF BEDS

NA

PATIENT POPULATION

The County has approximately 30 000 citizens with approximately 10 000 centralized in the Amherst Area.

UNIT RESPONSIBILITIES

We also offer urgent consultation to the Cumberland Regional Hospital

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, Nursing, OT, Masters in Counseling therapists, Community Outreach Worker, Speech Therapy and ASD support workers

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday -Friday 8:30-4:30
Some evening work as necessary.

UNIT PROFILE

ADOLESCENT OUTREACH SERVICES

Service Adolescent Outreach Services

Site Colchester and East Hants, Pictou, Amherst

UNIT DESCRIPTION

Mainly school and community based, with some onsite work in local offices.

UNIT RESPONSIBILITIES

AOS operates within the tier 2 framework, and the primary mandate is to provide individual and group-based support for adolescents between the ages of 12-18 who are at risk of developing or are currently experiencing mild to moderate problems with mental health and/or substance use. This includes adolescents who are affected by someone else's mental health and/or substance use.

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

Bachelor of Social Work (BSW) required.

PHYSICIAN COVERAGE

NA

MEDICATION SYSTEM

NA

NUMBER OF BEDS

NA

PATIENT POPULATION

Adolescents (12-18)

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, Nursing, OT, Masters in Counseling therapists, Community Outreach Worker, Speech Therapy and ASD support workers

NURSING MODEL OF CARE

NA

STAFFING LEVELS

NA

SCHEDULING

Mainly 8:30am-4:30pm, with occasional evening work.

UNIT PROFILE

OPIOID RECOVERY PROGRAM

Service MHA Opioid Recovery Program

Site Northern Zone – Truro & Satellite Clinic
in New Glasgow

UNIT DESCRIPTION

We are a clinic located downtown Truro, with a small satellite clinic in New Glasgow. We offer opioid maintenance therapy (methadone and buprenorphine/naloxone) to individuals with opioid use disorder. From a harm reduction perspective, the program supports clients on their personal recovery journey and enhances overall wellbeing. It includes assessment, treatment planning, relapse prevention and supportive counselling all provided by our team of health care professionals.

NUMBER OF BEDS

We operate a busy outpatient clinic, offering appointments to individuals requiring opioid recovery supports.

PATIENT POPULATION

Individuals with opioid use disorder

UNIT RESPONSIBILITIES

Committee work as needed

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

PHYSICIAN COVERAGE

NA

MEDICATION SYSTEM

NA

INTERDISCIPLINARY TEAM

Registered Nurses, Physicians, Nurse Practitioners, Licensed Practical Nurse, Social Worker, Secretary, Team Lead

NURSING MODEL OF CARE

NA

STAFFING LEVELS

NA

SCHEDULING

Monday to Friday 8:30-16:30. Once monthly a late clinic is offered by the nurses.

UNIT PROFILE

MENTAL HEALTH AND ADDICTIONS CLINIC

Service Mental Health and Addictions Child and Adolescent Services

Site 690 East River Road, New Glasgow, NS B2H 3S1

UNIT DESCRIPTION

We are based within the community of New Glasgow and service Pictou county.

NUMBER OF BEDS

This is a outpatient service

PATIENT POPULATION

Pictou County has an approximate population of 43,000.

UNIT RESPONSIBILITIES

NA

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, OT, Masters in Counseling therapists, Community Outreach Worker, Clerical

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday -Friday 8:30-4:30
Some evening hours

UNIT PROFILE

MENTAL HEALTH AND ADDICTIONS

Service Mental Health and Addictions
Community Adult Outpatient Service

Site 690 East River Rd, New Glasgow, NS
B2H 351

UNIT DESCRIPTION

We are based in New Glasgow but provide services to Pictou County.

NUMBER OF BEDS

NA

PATIENT POPULATION

The County has approximately 44 000 citizens with approximately 10 000 in New Glasgow and the remainder spread throughout several municipalities.

UNIT RESPONSIBILITIES

We also offer urgent consultation to the Aberdeen Regional Hospital

INTERDISCIPLINARY TEAM

Psychiatry, Social work, Psychology, Nursing, OT, Masters in Counseling therapists, Community Outreach Worker, Speech Therapy and ASD support workers

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

PHYSICIAN COVERAGE

NA

STAFFING LEVELS

NA

MEDICATION SYSTEM

NA

SCHEDULING

Monday -Friday 8:30-4:30
Some evening work as necessary.

UNIT PROFILE

WITHDRAWAL MANAGEMENT

Service Withdrawal Management and Recovery Supports

Site Aberdeen Hospital

UNIT DESCRIPTION

In person assessment for substance use and/or gambling disorders.
Outpatient Withdrawal Management.
Flexible psychoeducational and skill development group and/or individual programming to help people meet recovery goals that are important to them.
Care-planning based on individual needs, strengths, interests and recovery goals.
Transition support to other services as required.

NUMBER OF BEDS

7 Beds

PATIENT POPULATION

The Withdrawal Management Unit offers supports for people aged 19 years or older with moderate to severe substance use/gambling disorders, based on current Diagnostic and Statistical Manual of Mental Disorders diagnostic criteria.

UNIT RESPONSIBILITIES

Transition support to other services

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

SW/RN/LPN

PHYSICIAN COVERAGE

We currently have 0.6 Physician hours

MEDICATION SYSTEM

NA

INTERDISCIPLINARY TEAM

RN's, Social Worker, NP, Pharmacy, Physician

NURSING MODEL OF CARE

NA

STAFFING LEVELS

NA

SCHEDULING

12hr days/7 days a week

WITHDRAWAL MANAGEMENT UNIT

Service Inpatient Withdrawal Management Services

Site All Saints Hospital, 3rd Floor, West Wing
– Springhill Nova Scotia

UNIT RESPONSIBILITIES

Flexible psychoeducational group and individual programming to help people meet the recovery goals that are important to them, Transition support to other needed services.

STAFFING LEVELS

At minimum, 2 registered staff on each dayshift and nightshift and a counsellor attendant each day as well

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

PHYSICIAN COVERAGE

Provider (NP or Physician) Monday to Thursday in person then rotate every second weekend on call

MEDICATION SYSTEM

Pyxis-Automatic dispensing cabinet

NUMBER OF BEDS

7 Beds

UNIT DESCRIPTION

Inpatient withdrawal management service provides medication-assisted withdrawal management and recovery supports to individuals requiring inpatient treatment to manage withdrawal from alcohol and/or substances

PATIENT POPULATION

Adults 19 years of age + who require inpatient support with withdrawing from alcohol and/or other substances

INTERDISCIPLINARY TEAM

Physician, Nurse Practitioner, Registered Nurses, Social Worker, Counsellor Attendants, Licensed Practical Nurses, Administrative staff

NURSING MODEL OF CARE

NA

SCHEDULING

24 hours 7 days per week
12 hour and 8 hour shifts

UNIT PROFILE

LONG TERM CARE

Service

Adult Day Program

Site

South Cumberland Community Care Centre

UNIT DESCRIPTION

Adult Day Program supports clients to live independently in their homes while assisting with personal care, nutrition, socialization and some nursing care(medication management , wound care etc)

NUMBER OF BEDS

12 clients/day

PATIENT POPULATION

those persons who require support to continue to live independently in the community

INTERDISCIPLINARY TEAM

LPN CCA Food Services

NURSING MODEL OF CARE

NA

UNIT ORIENTATION

NA

MEDICATION SYSTEM

NA

STAFFING LEVELS

1 LPN and 1 CCA

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

SCHEDULING

8 Hours, Mon-Fri

PHYSICIAN COVERAGE

As required through PHC clinic

UNIT PROFILE

LONG TERM CARE

Service

Long Term Care

Site

South Cumberland Community Care Centre

UNIT DESCRIPTION

14 Bed Long term care facility with 2 additional beds for palliative / end of life care

NUMBER OF BEDS

16

PATIENT POPULATION

Those requiring long term care, placed by Continuing Care. Palliative care supports comfort and end of life care.

UNIT ORIENTATION

NA

INTERDISCIPLINARY TEAM

Rural site that is supposed onsite by physician, NP, nurses, CCA's, therapeutic associate, food service, reception, maintenance and environmental services. Many support services are off site and support virtually or on an as is schedule.

LICENSE/CERTIFICATION AND EDUCATION REQUIRED

NA

NURSING MODEL OF CARE

NA

SCHEDULING

12 and 10 hour shift rotation for RN and LPN and 8 hours for CCA

MEDICATION SYSTEM

Pyxis and community pharmacy

PHYSICIAN COVERAGE

On call and weekly rounds

STAFFING LEVELS

Staffing mix of RN, LPN and CCA. Always one licensed staff per shift. Typical staffing would be 4 on days, 3 on evenings and 2 over night.

SOUTH CUMBERLAND URGENT TREATMENT

Service

Urgent Treatment

SiteSouth Cumberland Community Care
Centre

UNIT DESCRIPTION

Urgent Treatment Centre offers same day in person or virtual care for those patients presenting with urgent episodic care concerns.

NUMBER OF BEDS

NA

PATIENT POPULATION

Those requiring care for their urgent health concern

INTERDISCIPLINARY
TEAM

Np or MD, RN, LPN, reception.

NURSING MODEL OF CARE

NA

UNIT ORIENTATION

NA

MEDICATION SYSTEM

Pyxis and community pharmacy

STAFFING LEVELS

1 RN and 1 LPN

LICENSE/CERTIFICATION AND
EDUCATION REQUIRED

NA

SCHEDULING

RN 10 hour shift , LPN 8 hour shift

PHYSICIAN COVERAGE

Regular provider coverage is NP, some MD coverage

CONTINUING CARE – INTAKE & NOAT

Service

Continuing Care

Site

All zones

UNIT DESCRIPTION

Responds to calls from CC 1-800# requesting service. Receives referrals and orders for all CC services – may need to contact referents for further information if required. Does Intake for Adult Protection. Office position – all communications with clients is over the phone. Determines eligibility for CC services. Screen and assesses clients over the phone, completes service plans as required.

Office located on Joseph Howe Drive – free parking
Possibility of a hybrid work from home arrangement

CCRA pay scale is not the same as LPN pay scale - \$3 per hour less

NUMBER OF BEDS

NA

PATIENT POPULATION

All ages

INTERDISCIPLINARY
TEAM

All LPNs and admin

NURSING MODEL OF CARE

NA

MEDICATION SYSTEM

NA

STAFFING LEVELS

NA

UNIT ORIENTATION

NA

LICENSE/CERTIFICATION AND
EDUCATION REQUIRED

NA

SCHEDULING

7 day per week service – 8:30 am to 4:30 pm
business hours

Weekends are on a rotation – 1:5 weekends

PHYSICIAN COVERAGE

NA